

# First Holy Communion Preparation

Please complete **Home Session 6: Saved with a Meal: The Jewish Passover Celebration** page 17 and **Home Activity 6** page 18 on your Family Activity book by the end of this week.

## Home Activity 6

### Saved with a Meal: The Jewish Passover Celebration

Sharing food was very important for God's people. Jesus loved to share food: He often went to people's houses for dinner!

Your challenge is to make some food to share. Can you make some tasty sandwiches or snacks for your family to share?

Eat your food together and chat about special meals you remember, e.g., birthdays, Christmas, family events. End by sharing today's Prayer Time together.



Prayer Time - Light a candle, make the Sign of the Cross. Pray together:



Thank you, God, for the food we have eaten. Thank you, God, for all our friends. Thank you, God, for everything. Thank you, God. Amen. Make the Sign of the Cross and give your child a hug.

## Home Session 7

### The Saving Meal of Jesus

#### Background for Parents

As part of their preparation for first Holy Communion your child has been learning about the Last Supper of Jesus and making the link with what happens during the Consecration at Mass.

#### The key messages are:

- At the celebration of the Passover meal, Jesus changed bread and wine into His Body and Blood.
- He told the disciples to 'do this in memory of me', that is, in memory of His death and resurrection.
- the Passover Lamb, which was sacrificed to save the Israelites, pointed ahead to Jesus, who, by His death on the cross, is the sacrifice that saves us all.

Read this Scripture passage with your child (Luke 22: 15-16, 19-20).

*On the evening of Passover, Jesus sat with His disciples. He said: 'I have dearly longed to eat this Passover meal with you before I suffer. I tell you, I will not eat it again until the Kingdom of God has come about.' He took bread, gave thanks, said the blessing, broke the bread and gave it to His disciples, saying, 'Take this, all of you and eat of it, for this is my Body, which will be given up for you'. In a similar way, when supper was ended, He took the chalice in His hands and once more giving thanks, He said the blessing and gave the chalice to His disciples, saying: 'Take this all of you and drink from it, for this is the chalice of my Blood. The Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. Do this in memory of me.'*

Explain to your child that we are all invited to this supper: at Mass we take part in this supper with Jesus.

Your child should now complete Home Activity 7